



2016-12-14 / Letters to the Editor

## Make recycling a priority this holiday season

The holiday season is a time to gather with friends and family. It's a time for presents, a time for feasts. It's also the season for a huge increase in trash collections.

Here are some recycling reminders to use this holiday season.

Most packaging and wrapping from your gifts are recyclable.

Recyclable items include boxes from electronics, toys, shoes and shirts, wrapping paper, paper tubes, gift/shopping bags made of paper (take the plastic bags to the supermarket recycle bins), tissue paper, greeting cards and envelopes — even photo cards.

And don't forget the holiday advertising from newspapers, magazines and catalogs — they can also go into the green top tote.

Many food containers can also be recycled: plastics, including many plastic cups and plastic carry trays, glass food and beverage containers, steel cans, popcorn and cookie tins, and aluminum cans and pie plates. Even the pizza box can be recycled, but don't forget to remove the wax paper liner.

The common holiday packaging that cannot be recycled includes Styrofoam or packing peanuts, as well as plastic overwraps, bubble pack, ribbons and bows. The town's curbside recycling program does not accept any electronics — including your string lighting. The town does accept electronics for recycling at the Highway Department, 1042 N. Forest Road, Amherst.

The U.S. Environmental Protection Agency shows that there is a cost savings of at least 20 percent for removal of the recyclables compared to combined trash. If you are not participating in the town's recycling program, now is a good time to start. Not only is it good for the environment, but it is also a cost savings to the town.

**John Szalasny**  
**Teakwood Terrace**  
**Williamsville**

[Return to top](#)

**Christmas Events**  
 AT EPIPHANY UNITED CHURCH OF CHRIST  
 Christmas Pageant  
 10am Sunday, Dec. 18th

Christmas Eve Family Service 7:30pm	Christmas Morning Service 10:00am
---	---

At All Welcome  
 Sunday Services are at 10:00am with coffee hour at 9:30am  
 9365 Clarence Center Road • Clarence Center, NY 14032  
 741-1441 • www.epiphanyucc.us



**ARE YOU IN PAIN?**

**SUFFER NO MORE**

- headaches
- migraines
- sports injuries
- back/neck pain
- carpal tunnel
- TMJ & more!

**Different Approach,  
Different Results**

**Dr. Alison Bramer Cummings**

*Believe in being balanced.*



**INNER  
BALANCE**  
*Chiropractic*

2800 Sweet Home Road, Suite 1, Amherst

**210.1060**  
**innerbalancechiro.com**

**Divorce, Family, LGBT, Elderly or Estate Problems?**

Mediation & Collaborative Law can resolve disputes fairly & peacefully, while preserving relationships, and without the expense and stress of litigation.

**PAUL D. PEARSON**  
Attorney/Mediator



• Widely recognized and experienced in all traditional Family, Personal Law and Collaborative Law matters.  
• Certified Fellow, American Academy of Matrimonial Lawyers, since 1973.  
• "The Best Lawyers in America," Family Law (since 1982) and Alternative Dispute Resolution.

1021 N. Forest Road  
Wilkes-Barre, NY 14211  
714.422.2728  
pdp@pdp-law.com  
www.pdp-law.com (business hours only)  
www.pdp-law.com (24/7)

Attorney at Law

**Breakfast with Santa**  
at  
**Epiphany United Church of Christ**  
**Saturday, Dec. 17**  
9-11:30AM



Bring the little ones to visit with Santa and have a pancake breakfast.  
Cost is \$5/adult, \$3/children under 10 & 10+supper only!

**www.epiphanyucc.us**  
9365 Clarence Center Road, Clarence Center, NY 14032 • 741-1441

<p><b>Wine &amp; Liquor</b> <b>Chateau</b> Wine &amp; Liquor at Dunkin' Donuts 498-8300</p> <p>Wine Tasting: make a choice! Pick Up, make a choice! Bring Home!</p> <p><b>SAL P. NEWMAN, D.C.</b> www.ChateauSpartan.com</p>	<p><b>RYKIMES</b> 1.5L BOTTLE \$9.99</p> <p><b>BUTTER</b> 1/2 GAL \$9.99</p> <p><b>BALTON</b> 1.5L BOTTLE \$11.99</p> <p><b>PINNACLE</b> 1.5L BOTTLE \$16.99</p>	<p><b>6-OFF</b> ON ALL 1.5L BOTTLES OF ALL BRANDS</p> <p><b>20-OFF</b> ON ALL 1.5L BOTTLES OF ALL BRANDS</p>
<p><b>ELMERLEE</b> 1.5L BOTTLE \$9.99</p> <p><b>APRILS</b> 1.5L BOTTLE \$9.99</p> <p><b>GRAND PINE</b> 1.5L BOTTLE \$9.99</p> <p><b>FLY BY</b> 1.5L BOTTLE \$9.99</p> <p><b>REEPE</b> 1.5L BOTTLE \$9.99</p>	<p><b>www.ChateauSpartan.com</b> - Join Our Email Club &amp; Receive a 25% OFF Coupon</p>	<p><b>20-OFF</b> ON ALL 1.5L BOTTLES OF ALL BRANDS</p>

*Celebrate Christmas with us at the*  
**UB NEWMAN CENTER**

**Christmas Eve**  
4:00, 6:00 & 10:00PM

**Christmas Day**  
9:00AM & 10:30AM

**New Year's Day**  
9:00AM & 10:30AM



495 Skimmersville Road  
(Off Sweet Home Road, by Sweet Home High School)  
Amherst, 14228  
636-7495  
www.newman-buffalo.edu



**UB NEWMAN CENTER**  
Catholic Campus Ministry since 1937

**The Holiday Season Can Be Hard.**  
*Don't Let Stress and Anxiety Take Over.*

WNY COUNSELING & STRESS MANAGEMENT CENTER  
**CALL 580-7647**

300 Erie Street • Williamsville • [Erin@wnycounseling.com](mailto:Erin@wnycounseling.com) • [www.wnycounseling.com](http://www.wnycounseling.com)

**Get Fit - Stay Safe!**

**HOLIDAY SPECIAL**  
**8 WEEKS FOR \$990**

- Lose Weight • Tone Muscle
- Burn up to 800 Calories
- Learn Practical Self Defense

**KRAV MAGA** OFFICIAL TRAINING CENTER

**TRAINING EDGE** 8200 Main Street  
Williamsville  
[www.trainingedge.com](http://www.trainingedge.com)

Call Now **565-9568**

